

## ***Filford and North Brussels by Boat and Bike***

***Saturday 29 May 2021***



*Come and join us for fresh air and (mild) exercise on a voyage of discovery by boat and bike!*



We'll be taking the waterbus from Place Saintelette in Brussels to Steenkaai in Vilvoorde (historically known as Filford in English). There we'll collect our pre-rented bikes and cycle back in leisurely fashion along the canal, through Neder-Over-Heembeek and Laeken to Brussels.

First the boating part: the relaxing hour-long waterbus journey offers unique panoramas of city scenes, impressive bridges, historical heritage and numerous new housing and office projects. Many areas are undergoing huge transformation as people move in and vibrant start-ups give new life to beautifully renovated factory buildings. After enjoying this taste of the world of navigation and harbour activity, experiencing life on and around the water, we come to the biking part: cycling alongside the water, we'll be able to take a closer look at the parks and areas that contribute to the 'greening' of the canal.

A day of relaxation, exploration and exercise – come and join us on this mini-adventure!



Meeting time and place: 1.45 p.m. at the waterbus stop Saintelette, Avenue du Port 6 (KBC side), Brussels. Be punctual: the water shuttle doesn't wait!

Place of arrival: Saintelette, Avenue du Port 6, Brussels

Duration: 4 hours. Bring your own snacks to aid pedal power.

Level: Easy (14 km), mainly along the canal.

Rate: **€41** (member); **€43** (non-member); **€23** (children under 18).

The price includes the guide fee, waterbus ticket, transport of rental bicycles to Vilvoorde, and bicycle rental fee.

Please note: Rental bicycles are provided by ProVélo and are in good condition.

**Please specify on the registration form the bicycle type required according to your height:** up to 1.60m – S; up to 1.70m – M; over 1.70m – L. Bikes for children are also available.

Registration: Registration is effective only after receipt of the registration form by the coordinator (see below) and payment within 4 working days. Members are free to invite one guest, subject to availability.

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